

| July 6th-12th | Monday, July 20th | Tuesday, July 21st | Wednesday, July 22nd | Thursday, July 23rd | Friday, July 24th | Saturday, July 25th | Sunday, July 26th |
|---|--|--------------------------------|--------------------------------|--------------------------------|--------------------------------|------------------------------|------------------------------|
| Boys 1 | On your own or w/ a teammate | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Walnut Grove Park 7:30-9am | On your own or w/ a teammate |
| Boys 2 | On your own or w/ a teammate | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | On your own or w/ a teammate | On your own or w/ a teammate | Rest |
| Girls 1 | On your own or w/ a teammate | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Walnut Grove Park 7:30-9am | On your own or w/ a teammate |
| Girls 2 | On your own or w/ a teammate | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | Guajome/ Santa Fe 7:30-8:30 | On your own or w/ a teammate | On your own or w/ a teammate | Rest |
| Days marked in red are days that there will be a coach to work with each smaller group of athletes | Contact coach for help with what to do when on your own: robertputnam@vistausd.org | | | | | | |